

Shannon Sampson, MA LMFT
Licensed Marriage & Family Therapist (MFC 51965)
858.255.1452

Welcome! Please complete these forms and bring them with you to your child's first appointment. When you arrive at the office, you will find a row of light switches on the wall. Find my name next to the correct switch, and turn it on. This will let me know you have arrived. Have a seat in the waiting room, and I will be with you soon.

Intake Information

Today's Date: _____ Your Name: _____

Your relationship to the child: _____

Home Address: _____

If different, child's home address: _____

Your contact phone: _____ CELL HOME WORK OTHER _____

May I leave a message? YES NO

Alternate phone: _____ May I leave a message? YES NO

Your e-mail address: _____

Your preferred method of communication: PHONE EMAIL OTHER _____

How did you hear about my practice?

___ Friend or acquaintance

___ Referring provider, if so, provider's name: _____

___ Internet search

___ Other, specify: _____

Child/Adolescent's Biographical Information

Child's Name: _____

Date of Birth: _____ Age: _____

Child's contact phone: _____ CELL HOME OTHER _____

Child's e-mail address: _____

Child's preferred mode of communication, if applicable: PHONE E-MAIL TEXT OTHER ____

Ethnic/Cultural Identity: _____ Language(s) spoken in the home: _____

Gender Identity: _____

Parent(s) relationship status: _____

Who is the child's legal guardian(s): _____

Who has physical custody of the child? _____

Was child adopted? (circle) YES NO If yes, at what age? _____

Child's School Information

School Name: _____ City: _____

Grade: _____ How is your child doing in school? _____

Does your child have social or behavioral problems at school? (circle) YES NO

If yes, specify _____

Has your child ever been held back at school? (circle) YES NO

Does your child have any learning disabilities? (circle) YES NO

If yes, specify _____

Does your child have an IEP (Individualized Education Plan) or 504 Plan? (circle) YES NO

Family Information

Please list all the people currently living in the same household with the child, including non-family members.

Name	Age	Relationship to Child

Second Home (if applicable). List all the people currently living in the child's second home:

Name	Age	Relationship to Child

List other significant people who do not live in the homes above:

	Name	Age	City and State
Parent(s) not living in child's home			
Sibling(s) not living in child's home			
Grandparents			
Caretakers			
Others			

Birth and Developmental Information

Was child full term? (circle) YES NO If no, number of weeks when born _____

Did mother experience any complications with any of the following? If so, please describe:

YES NO Pregnancy _____
YES NO Labor _____
YES NO Delivery _____
YES NO Postpartum Issues _____

Did child experience any delays with any of the following? If so, please describe:

YES NO Walking _____
YES NO Talking _____
YES NO Toileting _____
YES NO Muscle coordination _____
YES NO Social relationships _____

Has child had a history of any of the following? If so, please describe:

YES NO Sleep problems: _____
YES NO Temper tantrums _____
YES NO Eating problems _____
YES NO Unusual crying spells _____
YES NO Refusing to go to school _____
YES NO Aggressive behavior _____
YES NO Oppositional behavior _____
YES NO Special fears _____
YES NO Other problems _____

What forms of discipline do you use with your child?

___ Time Out ___ Loss of Privileges ___ Physical Punishment
___ Ignoring ___ Grounding ___ Other, describe: _____

Health & Social Information

How would you describe child's physical health? (circle) EXCELLENT GOOD FAIR POOR

Does your child have a Primary Care Physician? If yes, Name/phone number?

Has child had any significant medical problems, now or in the past? _____

Does child have any chronic or recurring medical conditions? _____

Has child ever been hospitalized for medical reasons? _____

Has child experienced any other significant medical issues (serious injuries, loss of consciousness, surgeries, etc)? _____

Is child currently under the care of a psychiatrist? If yes, Name, location, phone number: _____

Has child ever been hospitalized for psychiatric reasons? _____

Is child currently taking any medications (including psychiatric medication)? _____

Has child taken psychiatric medication in the past? _____

Has child ever attempted suicide or tried to harm self? _____

Has child had problems with substance use (alcohol, prescription medications, recreational drugs)? _____

Has child ever been in a physical fight that resulted in injury to self or others? _____

Has child ever been injured or hurt by physical or sexual abuse? _____

Have there been any deaths or separations from people with whom the child had a close relationship or frequent contact? If yes, please explain: _____

Have any family members has emotional/mental health issues? If yes, please indicate relationship to child and nature of the issues: _____

Have any family members had problems with alcohol or drugs? If yes, please describe: _____

Is your child struggling with any of the following? Please check those that apply.

- | | | |
|---|--|---|
| <input type="checkbox"/> Sad/Depressed Mood | <input type="checkbox"/> Sleep Issues | <input type="checkbox"/> Shyness |
| <input type="checkbox"/> Worries/Anxiety | <input type="checkbox"/> Hyperactivity | <input type="checkbox"/> Hearing voices |
| <input type="checkbox"/> Withdrawn | <input type="checkbox"/> Nightmares | <input type="checkbox"/> Social skills |
| <input type="checkbox"/> Physical Aggression/Fighting | <input type="checkbox"/> Academic Performance | <input type="checkbox"/> Alcohol/drug use |
| <input type="checkbox"/> School attendance | <input type="checkbox"/> Bullying | <input type="checkbox"/> Stealing |
| <input type="checkbox"/> Seeing things others don't | <input type="checkbox"/> Lying | <input type="checkbox"/> Trauma |
| <input type="checkbox"/> Inappropriate sexual behavior | <input type="checkbox"/> Oppositional/defiant | <input type="checkbox"/> Suicidal thoughts |
| <input type="checkbox"/> Conflict in family relationships | <input type="checkbox"/> Self-injurious behavior | <input type="checkbox"/> Excessive clinging |
| <input type="checkbox"/> Wetting/soiling bed/pants | <input type="checkbox"/> Bereavement | <input type="checkbox"/> Running away |
| <input type="checkbox"/> Poor Attention/Concentration | <input type="checkbox"/> Irritability | <input type="checkbox"/> Parental divorce |
| <input type="checkbox"/> Developmental delays | <input type="checkbox"/> Appetite changes | <input type="checkbox"/> Repetitive behaviors |
| <input type="checkbox"/> Difficulty relating to peers | <input type="checkbox"/> Restricted Eating | <input type="checkbox"/> Binging/Purging |

The pain and distress caused to *my child* by his/her problem(s) is:

Very Mild Mild Moderate Severe Very Severe

The pain and distress caused to *others* by my child's problem(s) is:

Very Mild Mild Moderate Severe Very Severe

Has child ever participated in psychotherapy? YES NO If yes, when and for how long?

Please describe what concerns bring you in today, on behalf of your child?: _____

When did these difficulties begin? Did any particular event seem to trigger them? _____

What have you already tried to solve these concerns? _____

What are your child's greatest strengths? _____
